

uKNIGHTed

Freshmen Year—Community

Basic understanding of Dominican values and mission.
How does poverty impact the well being of a person?
How can I contribute to this Dominican community?

Key Components:

1. Fall Retreat and Day of Service
2. KIC into Service in the Classroom
3. KIC into Service for St. Ben's

What is uKNIGHTed?

uKNIGHTed is a 4-year service program that challenges students to learn, serve, and advocate for the poor and vulnerable in our community, while discerning their vocation, and deepening their relationship with God through their service.

Sophomore Year—Study

What is social justice?
How can we integrate the values taught in scripture into our daily words and actions?

Key Components:

- Experiences serving the vulnerable in our society
 - Immigrants
 - The Poor
 - The disabled and the elderly

Through My Four Years I Will:

- Learn to actively live the Pillars of Dominican Life
- Develop an understanding of poverty and how it affects the whole human person
- Serve the poor in my community
- Grow in my relationship with God
- Discern my vocation
- Integrate my service into my daily classes
- Apply my service to daily life
- Reflect on my service both on paper and online
- Update my resume regularly

Junior Year—Prayer

Who is Christ and what is my response to him?
How does my relationship with God help me to discern my path in life?

Key Components

1. Busy Student retreat
2. Exploring a new prayer experience
3. Leading others in prayer

Senior Year—Preaching

How do I live my faith and share it with the world?

Option 1

Service Immersion Experience

Option 2

Service Internship

Option 3

Service to the Community

Each option includes:

- Quarterly Faith Check In Meetings
- Dominican Capstone Project

